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## Family Bike Touring

A Handy Guide with Route Suggestions

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Everything you need to know to get your family adventure underway—plus a curated selection of bike paths in France and Europe!

Bike touring as a family: it can be done! No matter how old your kids are, this guide will tell you all you need to know to bring them along, from toddlers to teens! Culled from the authors' own experiences, it offers tips on packing and prep as well as profiles of Europe's prettiest bike paths to get your adventure underway.

This handy guide answers all your questions, making for a fine contemporary entry on the latest trends of "slow travel," sustainable tourism, green transportation, and the development of bike paths in France and Europe.