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Van Chef!

Bare Bones Healthy Eating

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80 creative recipes to eat healthy while on the road, with no oven and just a few utensils.

You're off on an adventure! Sleeping at a campground or by a lake, hiking wherever you want daily, driving around in your van and discovering new landscapes ... On trips like these, cooking can be a challenge: with few utensils, a ridiculously tiny kitchen, and a minuscule fridge, how can you cook anything enjoyable to eat?

Discover 80 creative recipes and tons of great ideas to transform your on-the-road meals into moments of pure bliss!

From salty granola to frying pan pizza and chocolate cake, salads, spreads, cold and hot soups, skillet pastries, tacos, meatballs, one-pot pasta, omelette, grilled meat... There are so many recipes to discover to help you savor your meals on the road!
