



## Creative Parenting

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To become the parent you would like to be, you need to understand your stress, understand your baby, your child, the exhausted parents around us, and those others who always have an opinion on everything. This is a guide that gives real solutions to parents' problems.

This is the perfect guide for exhausted parents: thematic chapters, easy reading, illustrated for a better understanding. More than 100 topics to get started with positive parenting: living with a baby, expectation vs. reality, attachment, personal development, baby's needs, children's brains, parents' brains (after reading too many parenting guides)... And much more to find the solutions to all your problems!

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