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In Praise of Imperfect Mothers

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There's no such thing as a perfect mother!

The media, social networks, the family: everything and everyone tries to explain to young parents how to raise a child properly... and all of them, of course, claim to be the authority on the subject and to have your own best interests at heart! After the birth of her daughter, Romina Rinaldi decided she'd rather make up her own mind. Taking the time to delve into the scientific literature, she read up on all the major topics that concern new parents: childbirth, diet, sleep, crying, and finally education.

Every family experience is unique. There is no one method to raise your child. And there is no such thing as a perfect mother. This book is both objective and personal, helping you to find your own way.
