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## Old Age and Palliative Care

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A peaceful approach to the end of life.

When mental, psychological and physical capacities dissipate with old age, is this decline an outright destruction of faculties, traits fully acquired throughout an entire existence ? Or on the contrary, might this not be a slow, ultimate renewal ? The story of Aude Zeller and her mother, whom she accompanied during her last six years of life, comes to fill in the gaps of our understanding of old age : psychoanalytical knowledge and Christian spirituality come hand in hand to enable us to understand in what many ways regression can become the base of recovery.

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