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The Emotions Workshop

35 creative activities to help child express their feelings

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35 creative activities to help your child express how they feel.

In this guide, we discover the nine emotions most prevalent in children's lives. With the 35 activities based on active pedagogy, the young reader will discover their inner life and strengthen their self-esteem. Each emotion is illustrated with a story: by identifying with the characters, the child is able to put their emotions into words and find out what it is that makes *them* feel calm and confident. This book includes concrete methods to guide the emotional development of children from 0 to 10 years old, in a caring, soothing environment that facilitates day-to-day family living.

Sales in France: 4,700 copies