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(De)connections: Help, I'm a screen addict!

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A perfect blend of fiction and psychological advice on how to better understand and prevent screen addiction.

Meet Manon, champing at the bit to become a game designer; Enzo, addicted to network games and puzzle games, whose social discomfort causes him to identify with his avatars; and Clement, whose childhood dog has just died, prompting him to seek sympathy on social networks. Three very different teenagers whose different experiences illustrate the complexity and diversity of what is commonly known as screen addiction.
