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Mine de rien ("Casually"): when you understand better,

you grow better!

Within the pages of the *Mine de Rien* series, Doctor Catherine Dolto provides answers to the questions children ask about subjects such as family, living together, the body, and health.

Doctor Catherine Dolto speaks directly to children, tackling with humour and tact the important questions relevant to everyday life. From learning autonomy to managing emotions, this updated collection explores familiar situations and helps children to grow.

Sales in France: 300,000 copies of the series Mine de Rien