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## Toxic Planet

The Invisible Scandale of Chronic Diseases

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Author: André Cicoella

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Chronic diseases are not a death sentence.

Today, 2 out of every 3 deaths in the world are due to chronic diseases. Faced with such a healthcare disaster, it is time we took action. Chronic disease are neither a mere side effect of aging, nor are they inevitable: rather, our modern environment is the cause. With observations based solidly on scientific research, André Cicoella gives readers the keys to the future: yes, chronic diseases can be beaten back, so long as we are willing to rethink our habits of living, work, and consumption!

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