

Ginevra Ugucioni



COUPLE

la famille en héritage

Sexe, argent, traditions...
Comment les croyances familiales pèsent
sur notre vie de couple



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Free yourself from the unconscious weight our families have on our romantic relationships.

Members of a couple brings along their own behavioral habits inherited from a model of family learned in childhood. The author deciphers the unconscious weight of this legacy on the major stages of couple building: wedding, birth of a child, death of parent(s). She analyzes the problems most frequently encountered in a couple's daily life: money, sex, infidelity, lack of communication. Exercises and specific tools will help couples become conscious of the various influences at work, and reinvent their personal realities as a couple.
