



12 Digitopuncture Points for Curing Everything

The Dragon's Song:

Author: Éric Augoyard

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Learn self-care.

Are 12 acupuncture points really enough to cure it all! They sure are! The techniques presented here hail directly from age-old Chinese tradition. Relayed in a poem by a Taoist initiate, they allow novices immediate access to the secrets of Chinese energy healing. This method is extremely easy to learn and accessible to one and all. It is very handy for personal and family use.

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