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All About Eating

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A basic need, but also a source of pleasure, eating is part of our daily lives, sometimes to the detriment of our planet.

Eating is as basic a need as drinking, sleeping, and breathing. It's what punctuates our days, and enables us to replenish our energy. It can even be a social moment and a source of pleasure. Every person has their own way of eating, according to their tastes, culture, health, and financial means. But the food we produce, and sometimes waste, can imperil the planet. How can we save the world and this everyday pleasure at the same time?

A book to read to kids, or have them read themselves, written like a story and illustrated like a picture book, full of surprises and questions about eating habits all over the world, their ecological repercussions, and their evolution with climate change.

Rights Sold: South Korea, China

Awards: Prix jeunesse du livre engagé pour la planète à Mouans-Sartoux 2019