



Dinnertime!

Eating well in every season--for families!

Authors: Séverine de la Croix (Text) - Adeline Pham (Illustrations)

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Category : Children's Books

Genres : Picture Books - Non-Fiction Children's Books

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A smart guide for taking care of your body and learning to eat well.

An astute and wonderfully illustrated book for families, to help children understand their bodies' needs and the importance of a balanced diet.

A way to involve young and old alike in one of today's trends: making mealtimes something everyone in the family can enjoy.

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