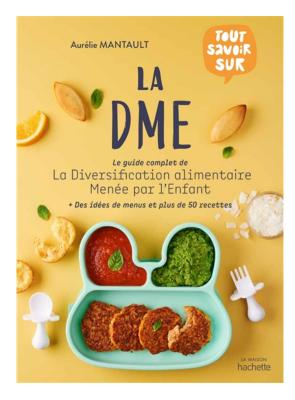
BOOKS FRANCE



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Baby-Led Weaning A Complete Guide to Baby-Led Weaning

Author: Aurélie Mantault Publisher : La Maison Hachette Pratique Category : Practical Books Genres : Well-Being/Self-Help Keywords : Baby - Pony

With Baby-Led Weaning, your infant will learn to feed themselves and discover a world of safe foods.

At around 6 months, your infant is getting ready to try solid foods, while still consuming plenty of milk.. Baby-Led Weaning provides:

- independent food discovery
- sensory stimulation
- early introduction to chewing motions
- motor development
- a diet founded on non-processed foods
- reduced risk of eating disorders and habits that lead to obesity

This book accessibly outlines the theory and practice with recipes suited for a six-month-old, seasonal menus, charts and tables of information and reminders... and lots of other things to awaken your baby's tastebuds!