

BAPTISTE BEAULIEU - SOPHIE NANTEUIL



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## **Coming Out Stories**

Authors: Baptiste Beaulieu (Text) - Sophie Nanteuil (Text)

Publisher : Albin Michel Category : Practical Books

Genres: Well-Being/Self-Help - Couples/Family

Keywords: Homophobia - Overconsumption - Space

conquest

An accessible and much-needed book about coming out.

This work is divided into thematic chapters (avoiding compartmentaliation; gender has no age; coming out and social networks...) that highlight one or two important testimonies from a LGBTQ+ person and/or parent interspersed with contributions from clinical experts. Throughout the book, sidebars from psychologists who specialize in assisting LGBTQ+ people and their families help shed light on situations that are often complex, sharing tips advice to assist loved ones in understanding those coming out. The chapters are further supplemented by historical, statistical, and bibliographical textboxes.