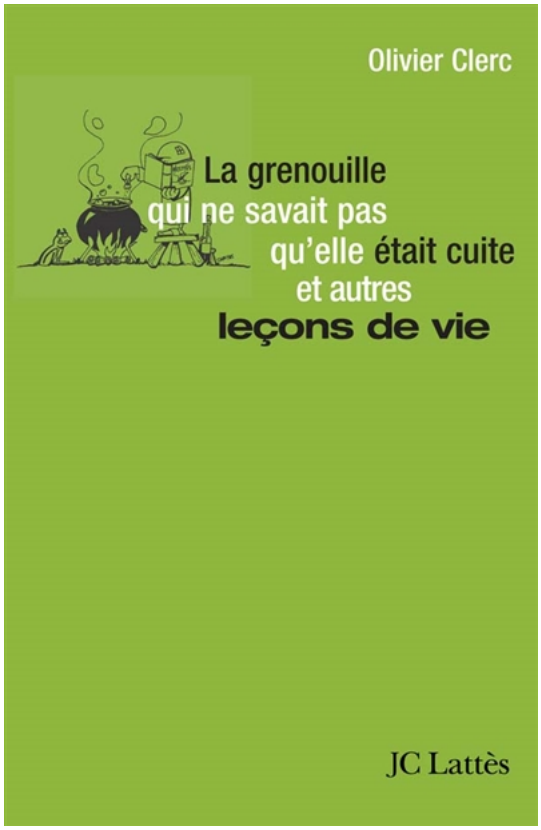

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Invaluable Lessons from a Frog: Seven Life-Enhancing Metaphors

Author: Olivier Clerc
Publisher : JC Lattès
Category : Humanities and Non-Fiction
Genres : Essay - Psychology/Psychoanalysis
Keywords : Metaphor - Personal Development - Wisdom - Wandering - Psychology

A feel-good book in the form of seven short universally relatable tales.

This book takes us on an allegorical journey through a selection of universally relatable tales, touching on issues of evolution, consciousness, and adaptability. The tale of the frog highlights how unaware we can be of changes going on in our lives. The tale of the butterfly tells of the meaning of hard work. The tale of the egg and the chick speaks to the cycle of life, and the tale of the snake about the adaptation to change. Each of these seven tales provides us with a unique opportunities to reflect on our modern lifestyles. This book is like a fruit containing seven seeds of concentrated wisdom to help readers cultivate their own inner garden.

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