BOOKS



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Living Without Money The First Steps Towards Self-Sufficiency

Author: Björn Duval (Text) Publisher : Albin Michel Category : Practical Books Genres : Home/Gardening/DIY - Nature/Animals Keywords : Autonomy

How to no longer receive bills for water, electricity, heating and more...

In this book, we learn how to independently provide your own water, electricity and heating, as well as how to produce a part of your food and make your own clothes and hygeine products. Through this process, the author demonstrates how we can win greater freedom by escaping the trap of needing money to meet our basic requirements.

But becoming independent demands motivation and above all a method. This guide provides the reader with all the fundmantals for an independent living project: how to begin; what mistakes to avoid; how to provide water, construct dry toilets, practice permaculture, store your food and more...