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Nomad Cycling From Bike Touring to Bikepacking

Author: Laurent Belando Publisher : Tana Category : Practical Books Genres : Sports/Games Keywords : Cycling - Wound - Empowerment - Organs

- Sustainable city

Alternative perspectives on travel, from tips on organizing your bike trip to firsthand accounts from bikepackers.

For many people, cycling means freedom, but also respect for the environment. At a time when everyone's after a way to reduce their carbon footprint, travel quickly becomes complicated. But that was before bike touring and bikepacking became popular. Whether you're off for a few days or a few months, this book will help you plan an environmentally friendly trip that will bring you closer to nature and introduce you to alternative lifestyles. Bicycle touring combines hiking's freedom and discovery of wildlife all while being low-impact on the environment. You can explore more remote, less crowded places and try out little-known dirt roads, taking with you only what is strictly necessary.