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## The Theater Lover's Theater

A Practical Guide

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A practical guide for anyone doing classical or improvised amateur theatre: advice, exercises, work on voice and postures.

For the show to go on without a hitch, it must be rehearsed and planned, for oneself and for others. In this new edition of the The Theater Lover's Theater Guide, Maurice Chevaly – himself an actor, director, and author of theoretical works on the theater – hides nothing of the long initiatory path to the stage: bodywork, expression, relevant techniques, diction, using masks, breathing, and vocal exercises.

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