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The Taste of Family

My Recipe Book

Authors: Mauro Colagreco (Text) - Danièle Gerkens (Text) -

Matteo Carassale (Photographer)

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Eating disorder

A story of cooking, love, and sharing.

Mauro Colagreco, a three-Michelin-starred chef, welcomes readers into his personal history and journey, showcasing the recipes that have shaped his life and work. Of Italian-Argentinian descent, Mauro Colagreco has been voted the world's best chef. He heads Mirazur, crowned the world's best restaurant in 2019. This collection chronicles the dishes he prepares for his family, using seasonal and local produce. Mauro's warm, joyful cooking shines through: gnocchi gratin with béchamel sauce, meat empañadas, watercress salad with oranges, puchero, milanesas, stuffed artichokes, flan mixto... This book is a true ode to delicious family cooking.

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