## BOOKS



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## You Are the Treasure

Authors: Louison Nielman (Text) - Héloïse Mab (Illustrations)

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Category : Children's Books

Genres : Picture Books

Keywords : Personal growth - Growing up - Kindness - PTSD

A beautiful picture book to learn to love oneself and others!

In this book, author Louison Nielman addresses readers directly to tell them about a unique treasure. She invites them to seek this treasure, which will enable them to gain self-confidence, the power of kindness, and love. On a journey full of sweet, poetic illustrations, readers will discover that the treasure was in them all along, and most importantly, that they deserve to love and be loved.