



Date : 30/03/2022

Pages : 257

Format cm : 16 x 23

Prix : 21.95

EAN : 9782017165163

Natural Fertility

Authors: Laurène Sindicic - Jean-Pierre Andine

Publisher : La Maison Hachette Pratique

Category : Practical Books

Genres : Well-Being/Self-Help - Couples/Family

Keywords : Alternative medicine - Naturopathy - Fertility - Health - Self-confidence

Understand natural approaches to fertility.

When a couple consults a gynecologist, the classic answer is "Try for 6 or 12 months and come back to see me."

During these long months, they are left to their own devices, with no diagnosis and no knowledge to optimize their chances of having a child. This book, written by an experienced gynecologist and naturopath, will help you understand male and female fertility, taking an empowering approach to making them work; decipher gynecological doubletalk, developing a no-taboo relationship with the process of conception; and enjoy a naturopathic perspective on fertility.
