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Jobs We Love

What's It Like to Be a Head Chef?

Authors: Sylvain Joffre (Text) - Anjuna Boutan

(Illustrations)

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Lively nonfiction, laid out like a logbook, all about the job of being a chef!

This bouncy and contemporary book takes readers on a detailed and factual journey of discovery into the chef's trade as told by Sylvain Joffre, chef of the Michelinstarred restaurant En pleine nature, near Toulouse: his training, beginnings, daily routine and difficulties, inspirations and considerations in putting together a menu, chefs and their newfound celebrity status. A wealth of personal, never-before-shared anecdotes and interesting information on the art of cuisine and the restaurant world, this book provides young readers with a fuller conception of how a life spent pursuing their passion might look.