



C'mon, Buck Up!

A Brief Treatise on Ardor

Author: Blanche De Richemont

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Blanche de Richemont undertakes an inner journey whose every step brings her closer to find out what courage is and how it can brighten our lives.

How do you keep your courage up on a daily basis? In search of answers to this question, Blanche de Richemont met with a hermit, a surgeon, a soldier, several activists, and others who wished to remain anonymous.

Alone, from a cabin in the wintry woods, she sat down to recount the incredible inspiration, the powerful motive driving her quest. C'mon, buck up! "This book is no call to arms and soldiers, but a call to souls."
