



## The Little Book of Knowledge

Burnout

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Authors: Danièle Linhart (Script writer) - Zoé Thouron (Drawings)

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Sociologist Danièle Linhart lays out the perverse effects of contemporary managerial policy that destabilize workers.

Hasn't work gotten more bearable in the last few centuries? Why, then, have burnout, depression, and suicide become such a common, even widespread feature of workplaces across all Western societies? Sociologist Danièle Linhart specializes in issues concerning work, and quite seriously lays out the perverse effects of contemporary managerial policy that destabilize workers, to the point of making them doubt their own values and legitimacy.

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