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I'm About to Blow a Fuse!

Author: Serge Marquis

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An adaptation of the hit book *We're Screwed 'Cause We Overthink It*, aimed at helping parents handle their children's frustration.

Children don't have the same capacities as adults do when it comes to dealing with frustration. They need a clear framework and loving support. In this new book, Serge Marquis observes children ages 3 to 12 as they grow up, offering parent keys to help their young ones understand and channel their thoughts in order to make their way more serenely through everyday life.

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