

Olivia Leray

*De l'eau  
dans  
ton vin*



**fayard**

Date : 15/03/2023

Pages : 156

Format cm : 14 x 22

Prix : 18.0

EAN : 9782213721446

## Watered-Down Wine

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Author: Olivia Leray

Publisher : Fayard

Category : Literature and Fiction

Genres : Biography/Memoirs

Keywords : Alcoholism - Family

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How do you grow up with an alcoholic father? In her unique style, Olivia Leray tells the story of growing up with a parent's addiction.

In this powerful account, the narrator describes her damaged childhood and troubled youth with an alcoholic father, the many painful moments she experienced with him while feeling terribly alone, and their difficulties in communication due to an invisible wall that has gone up between them: the wall of addiction.

But with time, a new chapter in their relationship begins. The first step comes with acceptance of the disease, and with the end of silence around it. Olivia Leray gives us the story of her changing perspective when learning to talk about her suffering and tentatively starting the processes of healing and understanding.

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