

Dr Christophe Fauré

Vivre le deuil au jour le jour

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Surviving Grief One Day at a Time

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How do you manage grief and recover your desire to live?

Psychiatrist and psychotherapist Christophe Fauré takes readers through the stages of mourning, revealing that only by accepting grief can we begin the legitimate and necessary path to healing. This psychological guide brings clarity and comfort, providing accompaniment every step of way to those who no longer know how to move forward.

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