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Living with Bipolar Disorder

From Diagnosis to Daily Life

Authors: Fabrice Saulière (Text) - Nicolas Franck (Preface) - Céline Renouard (Text) - Marion Barraud (Illustrations)

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An illustrated memoir for better understanding bipolar disorder.

This book is an illustrated firsthand account of bipolar disorder and its impact on both those who suffer from it and the lives of those close to them. Given the general ignorance of their condition, people with bipolar disorder often have trouble finding effective treatment and wind up hopping from doctor to doctor, which can make them feel very alone. Sharing his own journey and medical experiences, Fabrice Saulière reveals what life is really like for someone with bipolar disorder and offers tips for managing it better on a daily basis. Dr. Céline Renouard sheds further medical light on his personal account.