

Marie-Dominique
CABANEL

**LÀ OÙ
JE NE VOULAIS
PAS ALLER**

De l'anorexie à la faim de vivre



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Where I Didn't Want to Go

From Anorexia to Hunger for Life

Author: Marie-Dominique Cabanel

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Immerse yourself in the poignant story of a woman who overcame the absurdity of her struggle against clementines. Discover her journey from mental imprisonment to rebirth, all with a preface by distinguished psychoanalyst Professor Philippe Jeammet.

This mental prison of anorexia and bulimia swallowed Marie-Dominique Cabanel whole for ten years. With clarity and finesse, she recounts her journey from deep in the horror of the abyss, up through the mud and mire. The unexpected emerges: from the depths, an inner path unfolds, carrying her to where she did not want to go, towards life in all its dimensions: physical, psychological, and spiritual.
