



## The Reversibility of Alzheimer's Disease

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Mental clarity and memory.

Whether battling Alzheimer's disease or simply wanting to take care of our mental clarity & memory, feeding our brain with active ingredients is essential. The author helps us understand how the process towards reversibility can be set up, how Alzheimer's disease can be contagious under certain conditions, what the possible bacterial & viral origin of this disease is, the link between Alzheimer's & blood sugar, or the need to sleep well to facilitate the night cleaning of the brain.

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