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A Treatise on Traditional Chinese Psychology

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A resolutely original humanistic psychology, offering tremendous hope for those who wish to better understand the intricacies of the mind.

The traditional Chinese psychology known as Xin Li, whose content is as original as it is traditional, stems from the principles of ancient China's Taoist wisdom and the knowledge Chinese medicine has amassed over time. The book presents mental mechanisms in an analytical way, taking a specifically psychological approach to processes, in keeping with the universality of the Tao's original principles.

The physiopathology of traditional Chinese psychology, too often reduced to the study of organ syndromes or the theory of the five elements, is presented here in its entirety.