



Date: 13/03/2024

Pages : 179

Format cm: 13 x 19

Prix: 12.0

EAN: 9782130838289

## **Sports**

In the Beginning

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Publisher: Presses universitaires de France Category: Humanities and Non-Fiction

Genres: History

Keywords: Sports - Ancient Greece - Athlete

A complete history of sports in Ancient Greece.

A reflection of a political idea that is both antagonistic and pacific, sports enabled men to measure and compare their physical strength, without trying to kill each other. They are rooted in a distant past: the first gymnasiums and stadiums date back to Ancient Greece. The figure of the athlete has been part of the social landscape for over a millennium. But they have also been widely criticized by scholars, philosophers, and medical doctors. A dive into the history of the earliest years of sports.