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The Racial Burden

An Overwhelming Silence

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When the racism eating away at our society becomes unbearable, Douce Dibondo offers a life-saving survival guide for future emancipation.

Does racism have two faces? On one hand, the racism of explicit, brutal violence, and too many deaths and aggressions. And on the other, the racism of a common, quieter violence that worms its way into everyday relationships and hinders the construction of one's identity. In this essay, Douce Dibondo reveals the silence surrounding the hidden wound of the racial burden and demonstrates its full impact through lively language, blending psychoanalysis, art, and personal accounts.
