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Anatomy for Movement

An Introduction to the Analysis of Body Techniques
(New enhanced edition)

Authors: Blandine Calais-Germain - François Germain

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A reference work on functional anatomy, this new edition has been enhanced with QR codes for viewing joints in 3D!

For almost 40 years now, and through 5 successive editions, this book has provided easy access to the basics of anatomy for all people studying anatomy and/or practicing a body technique.

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