## BOOKS



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Consommer moins pour vivre mieux ? idées reçues sur la décroissance



Date : 21/03/2019 Pages : 151 Format cm : 11 x 18 Prix : 13.0 EAN : 9791031803456

## Consume Less, Live Better

Authors: Assen Slim - Marc Prieto Publisher : Le Cavalier Bleu Category : Humanities and Non-Fiction Genres : Ecology - Essay - Educational Sciences Keywords : Degrowth - Simplicity - Trade

Is degrowth a real answer or just a utopian ideal?

Starting out from the idea that infinite growth in a finite world cannot exist, degrowth demands a radical rethinking of work, consumption, and community. Behind all this, however, lies a concept that few adherents of degrowth are aware of, one that is a far cry from being unanimously accepted.

Assen Slim and Marc Prieto analyze degrowth neutrally, outside of any partisan discourse, helping readers make up their own minds about an idea often presented as either THE solution to our current woes or else dangerously utopian thinking.