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The World Beneath My Feet

Author: Marie Leautey Publisher: Calmann-Lévy Category: Practical Books Genres: Well-Being/Self-Help

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An extraordinary adventure around the world.

At age 42, Marie Léautey decided to leave everything behind to fulfill her dream of running around the world. And so she embarked on an incredible 825-day adventure, covering almost 30,000 km—the equivalent of 698 marathons!—across four continents. She is the seventh person and second woman in the world to accomplish this foat in accordance with the World Bunners Association's

person and second woman in the world to accomplish this feat in accordance with the World Runners Association's strict rules.
In this book, she describes her journey, encounters,

sensations, her love of discovering the world as she runs, as well as her moments of fear or doubt. How can an amateur achieve such a record? Is it safe to travel alone as a woman? Marie Léautey brushes all these questions aside with her joy and determination.