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Women Eating

A History of Women Devouring, Savoring, or Depriving to Excess

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Who stole women's appetite?

Eating disorders are often dated to the 1970s, when the tyranny of thinness emerged, but the pressure on women to surround themselves with food without actually eating is much older. Pandora had to hide her stomach in a perfect body, Eve was condemned for biting the forbidden fruit, women were excluded from the first restaurants... Women are seen as housewives or gluttons, while men are considered chefs or gourmets. *Women Eating* is a personal narrative investigation seasoned with stories and testimonies that offers crumbs of hope in a world of starving women.

Sales in France: 18,500 copies (hardcover and paperback)

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