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## Machine Life

How and Why We Should Resist AI

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Author: Gaultier Bès

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A manual for resisting AI and its negative consequences for individuals and society.

Faced with the massive rise of artificial intelligence, this text denounces a radical transformation of the world imposed without genuine democratic debate. Presented as inevitable, AI is portrayed as reinforcing the concentration of power, social passivity, and market-driven alienation. Against widespread resignation, the author argues for resistance: AI is not a fatality but a contested model of society. The text calls for understanding, refusing, and disconnecting from this logic – not out of fear, but out of choice and a desire for freedom.

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