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In Praise of Walking

Author: David Le Breton

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The pleasure of walking and strolling.

An opportunity to escape and delight in the present time and place, walking thumbs its nose at modernity. It is a side road within the frantic rhythm of our lives, a way to take a step back and sharpen our senses. Both a literary stroll and an invitation to stretch our legs, *In Praise of Walking* by David Le Breton is less an attempt to sketch out an "anthropology of the walker" than an attempt to practice anthropology through walking.
