BOOKS FROM FRANCE

Dive Into Your Brain

To Explore is to Tame

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Take a deep dive into your brain. Exploring it means making it your own: getting to know your brain and emotions with help from the latest research!

Get to know how your brain works and gain a better understanding of everyday emotions. Features the latest findings from neuropsychologist Sylvie Chokron, head of research at France's National Center for Scientific Research (CNRS) and the University of Paris.

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