BOOKS FROM FRANCE

My Child's Health Without Stress

The Anti-Stress Guide to Answer all the Questions Young Parents

Author: Élodie Adler

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A complete, panic-free guide to easing your little one's everyday aches and pains!

The health of a newborn is often a source of anxiety for parents. From vaccination schedules to nutrition and sleep, good habits that ease everyday ailments to first aid, Dr. Élodie Adler, a pediatrician and creator of the @doctochou account followed by over 45,000 parents, answers all the essential questions and doles out her best advice. An essential guide for welcoming your baby with complete peace of mind!

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