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Knots in My Brain

Authors: Estelle Vonfeldt - Marie Deligny

Publisher : Un dimanche après-midi

Category :

Genres : Picture Books - Non-Fiction Children's Books - Poetry children's book

Keywords : Messy thoughts - Children's creativity - Inclusive children's book

"My head's a ball of yarn that sends out thoughts in every direction." With these words begins a story about how hard it is to organize our thoughts!

A clever, tender book to help children tame their emotions. This playful and educational story accompanies children through the feelings of their daily lives. Through the adventures of an endearing character who experiences emotions as knots in their head, children learn how to name, untangle, and soothe their feelings and sensations. Kindly and gentle in tone, with colorful illustrations that make situations familiar and reassuring.

Sales in France: 1,500 copies