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Can Music Help Fight Cancer? Complementary Therapies and their Benefits

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A pianist and her physician recount what part music and art can play in recovering from cancer.

Cancer afflicts far more than our own organs. It affects our loved ones, what we do for a living, our mental health, and our private lives. While making no claim to work miracles, some activities can help cancer patients cope better with their condition and even promote healing. Music, for instance, has been scientifically proven to have an emotional effect. Pianist and two-time cancer survivor Min-Jung Kym teams up with her physician, oncologist and Institut Rafaël founder Alain Toledano, to share their experiences in this tale born of their time together. *English version available.*
