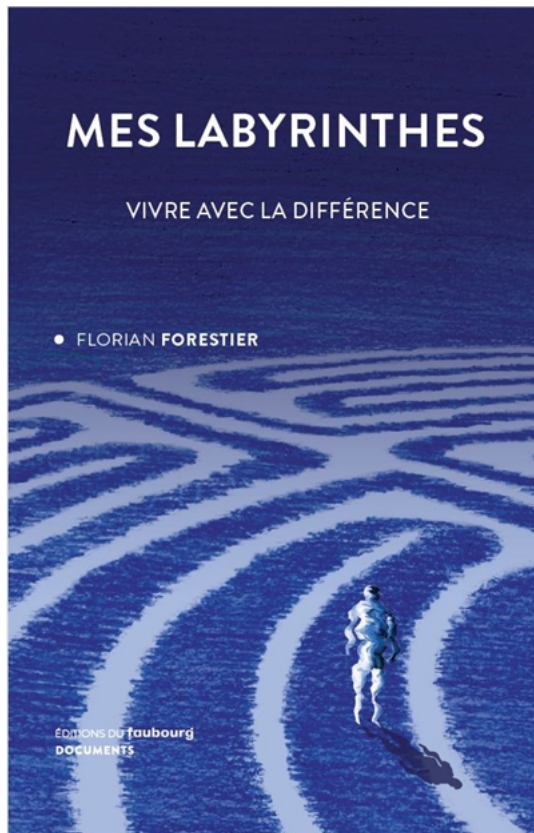




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My Labyrinths

Living with a Difference

Author: Florian Forestier

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Category :

Genres : Psychology/Psychoanalysis - Philosophy - Essay

Keywords : Autism - Neurodiversity - Personal experience

Far from the usual clichés, Florian Forestier describes autism as a sensory experience: a bodily vibration.

Both an intimate literary essay and a journey through the twists and turns of neurodiversity, this book confirms the liberating power of words. The author has found a way through phenomenology and literature. He has learned to live with and within his condition and takes us, not without emotion, into the intimacy of his introspection, revealing his joys, strengths, and vulnerabilities. An immersive and enlightening read that helps us better understand what it means to feel trapped in one's own mind.
