



Date : 26/05/2023

Pages : 186

Format cm : 13 x 21

Prix : 16.9

EAN : 9782493594280

The Circle of Desire

7 Keys to Unlocking Your Erotic Instincts

Author: Damien Mascret

Publisher : Les Éditions du Faubourg

Category :

Genres : Couples/Family - Well-Being/Self-Help

Keywords : Sexology - Sexual health - Medicine

The key to desire is knowing what excites us. French TV sexologist Dr. Damien Mascret helps you explore the sources of your desire. Nothing is off limits!

Many books promise to make your sex life less boring. This one does offers no magic recipes but starts from a simple and very common observation: in a couple's sex life inevitably settles into routine, and from there it's a slippery slope to complete lack of interest in sex... except if the prospect of a thrilling moment is kept alive. Famous sex therapist Damien Mascret considers arousal the real driving force of desire, in need of being nurtured so that our "circle" becomes virtuous again. This playful guide combines numerous patient testimonials with tests to be done alone or with a partner.
